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8 **IN THE UNITED STATES DISTRICT COURT**  
**FOR THE CENTRAL DISTRICT OF CALIFORNIA**

9

10 DAVID RODRIGUEZ and ZARAH )  
11 BLACKMON, *individually and on behalf of* )  
*all those similarly situated,* )  
12 )  
13 *Plaintiffs,* ) No. \_\_\_\_\_  
14 ) **CLASS ACTION COMPLAINT**  
15 v. )  
16 ) JURY TRIAL DEMANDED  
17 NATURES PATH FOODS, INC., a )  
*Canadian corporation,* )  
18 )  
19 *Defendant.* )  
20 \_\_\_\_\_

21 David Rodriguez and Zarah Blackmon (“Plaintiffs”), individually and on behalf of all  
22 others similarly situated in the state of California, by and through undersigned counsel, hereby  
23 bring this action against Natures Path Foods, Inc. (“Natures Path” or “Defendant”), alleging that  
24 its EnviroKidz Organic Cereals (“the Products”), which are manufactured, packaged, labeled,  
25 advertised, distributed, and sold by Defendant, are misbranded and falsely advertised because  
26 Defendant implies that they are healthy and conducive to health and physical well-being, despite  
27 containing between 9 and 12 grams of added sugar per cup of cereal, and upon information and  
28 belief and investigation of counsel alleges as follows:

## PARTIES

1. Plaintiff David Rodriguez is and at all times relevant was a citizen of the state of California, domiciled in Carson, California.

2. Rodriguez purchased the Choco Chimps flavor of the Products on or about January 19, 2025 through Target.com with pickup at a Target store in Carson, California. He believes and on that basis avers that he has purchased the Products at other times during the putative Class period.

3. Plaintiff Zarah Blackmon is and at all times relevant was a citizen of the state of California, domiciled in Santa Maria, California.

4. Blackmon purchased the Choco Chimps flavor of the Products on or about September 27, 2023; October 25, 2023; and January 2, 2024 through Target.com, with pickup at a Target store in Santa Maria, California. She believes and on that basis avers that she has purchased the Products at other times during the putative Class period.

5. Defendant Natures Path Foods, Inc. is a Canadian corporation with its principal place of business in Richmond, British Columbia, Canada. On information and belief all decisions regarding formulation and labeling of the Products are made at this principal place of business.

## **JURISDICTION AND VENUE**

6. This Court has subject matter jurisdiction over this action pursuant to the Class Action Fairness Act, Pub. L. 109-2, 119 Stat. 4 (codified in scattered sections of Title 28 of the United States Code); specifically, under 28 U.S.C. § 1332(d), which provides for the original jurisdiction of the federal district courts over “any civil action in which the matter in controversy exceeds the sum or value of \$5,000,000, exclusive of interest and costs, and [that] is a class action in which . . . any member of a class of plaintiffs is a citizen of a State different from any defendant.” 28 U.S.C. § 1332(d)(2)(A).

7. Plaintiffs seek to represent Class members who are citizens of states different from the Defendant.

1       8. The matter in controversy in this case exceeds \$5,000,000 in the aggregate,  
2 exclusive of interests and costs.

3       9. In addition, “the number of members of all proposed plaintiff classes in the  
4 aggregate” is greater than 100. *See* 28 U.S.C. § 1332(d)(5)(B).

5       10. In the alternative, the Court has jurisdiction over this matter pursuant to 28 U.S.C.  
6 § 1332(a). The amount in controversy exceeds \$75,000, exclusive of interest and costs.

7       11. This Court has personal jurisdiction over Defendant because this action arises out  
8 of and relates to Defendant’s contacts with this forum.

9       12. Those contacts include but are not limited to sales of the Products directly to  
10 commercial and individual consumers located in this district, including Plaintiffs; shipping the  
11 Products to commercial and individual consumers in this district, including Plaintiffs;  
12 knowingly directing advertising and marketing materials concerning the Products into this  
13 district through wires and mails, both directly and through electronic and print publications that  
14 are directed to commercial and individual consumers in this district; and operating an e-  
15 commerce web site that offers the Products for sale to commercial and individual consumers in  
16 this district, as well as offering the Products for sale through third-party e-commerce websites,  
17 through both of which commercial and individual consumers residing in this district have  
18 purchased the Products.

19       13. Defendant knowingly directs electronic activity and ships the Products into this  
20 district with the intent to engage in business interactions for profit, and it has in fact engaged in  
21 such interactions, including the sale of the Products to Plaintiffs.

22       14. Defendant also sells the Products to retailers and wholesalers in this district for  
23 the purpose of making the Products available for purchase by individual consumers in this  
24 district.

25       15. Plaintiffs’ losses and those of other Class members were sustained in this district.

26       16. Venue is proper pursuant to 28 U.S.C. § 1331(b)(2) because a substantial part of  
27 the events or omissions giving rise to Plaintiffs’ claims occurred within this district.

17. Venue is also proper pursuant to 28 U.S.C. § 1391(c)(2) because this Court maintains personal jurisdiction over Defendant.

## FACTUAL ALLEGATIONS

## A. The Prevalence and Dangers of Overconsumption of Sugar.

18. Prior to the mid-20th century, Americans mostly consumed sugar in the form of table sugars (sucrose) used as a condiment, as well as small amounts of glucose ingested from dairy products and fructose from fruit, berries, and other sources such as honey.

19. Since the 1960s, new food technologies have permitted the development of inexpensive, highly concentrated sugars that are available to be used in mass-produced processed foods—especially high-fructose corn syrup (“HFCS”), an inexpensive, shelf-stable sweetener derived from corn that is far sweeter than fructose naturally found in relatively small amounts in berries and fruits.

20. The development of HFCS caused an explosion in Americans' consumption of fructose, which increased more than 100-fold from 1970 to 2000.<sup>1</sup>

21. Today, while many Americans are aware of and attempt to avoid added sugar in their foods in the form of high-fructose corn syrup, they are less aware that equally unhealthy added sugar (hiding under dozens of descriptions and chemical names) is found in more than three-quarters of processed foods consumed by Americans. That includes both sweet foods such as desserts and sweetened beverages, but also many savory foods including pasta sauces, soups, and breads.

22. In 2017-2018, the average daily intake of added sugars was 17 teaspoons for children and young adults aged 2 to 19 years, and the same amount for adults aged 20 or older, significantly higher than the intake recommendations set forth by the American Heart

<sup>1</sup> George Bray, et al., "Consumption of high-fructose corn syrup in beverages may play a role in the epidemic of obesity." 79 AM. J. CLIN. NUTR. 537, 540 (2004), available at <https://pubmed.ncbi.nlm.nih.gov/15051594/>.

1 Association. Added sugar intake tends to be highest among minorities, those who are poor, and  
2 those with lower education levels.<sup>2</sup>

3 23. Today, “the vast majority of the U.S. population”—about 90 percent—“exceeds  
4 recommended intakes of . . . added sugars.”<sup>3</sup>

5 24. This explosion in the availability and consumption of added sugars and foods has  
6 precipitated a health crisis in the United States.

7 25. Because of limits on the liver’s capacity to process sugars, increases in sugar  
8 consumption beyond that processing threshold causes sugar to act a liver toxin. That threshold  
9 is somewhere between 12 and 38 grams, depending on age and sex.<sup>4</sup>

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23 <sup>2</sup> Seung Hee Lee, et al., “High Added Sugars Intake among US Adults: Characteristics, Eating  
24 Occasions, and Top Sources, 2015–2018.” 15 NUTRIENTS 265 (2023), available at  
<https://PMC9867287/>.

25 <sup>3</sup> U.S. Dep’t of Agric. & U.S. Dep’t of Health & Human Servs., “Scientific Report of the 2015  
26 Dietary Guidelines Advisory Committee: Advisory Report to the Secretary of Health and  
Human Services and the Secretary of Agriculture,” at 26, 35 (February 2015), available at  
<http://www.health.gov/dietaryguidelines/2015-scientific-report/PDFs/Scientific-Report-ofthe-2015-Dietary-Guidelines-Advisory-Committee.pdf>.

27 <sup>4</sup> Rachel Johnson, et al., “Dietary Sugars Intake and Cardiovascular Health: A Scientific  
28 Statement From the American Heart Association.” 120 CIRCULATION 1011, 1016-17 (2009),  
available at <https://pubmed.ncbi.nlm.nih.gov/19704096/>.

1       26.   Overconsumption of sugar has been linked to a cluster of chronic diseases and  
 2 conditions including overweight and obesity,<sup>5</sup> cardiovascular disease,<sup>6</sup> type 2 diabetes,<sup>7</sup> high  
 3 blood pressure,<sup>8</sup> various cancers,<sup>9</sup> and chronic inflammation.<sup>10</sup>

4       27.   Overconsumption of sugar has been shown to prompt craving and withdrawal  
 5 symptoms similar to those prompted by alcohol and cocaine.<sup>11</sup>

6       **B.   Health Agencies Recommend Curbing Total Sugar Intake**

7       28.   Given the evident health effects of sugar overconsumption, relevant health bodies  
 8 and government agencies have recommended limiting sugar consumption to a person's  
 9 percentage of ingested total calories, usually less than 10 percent.

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 14       <sup>5</sup> Samir Faruque, et al., "The Dose Makes the Poison: Sugar and Obesity in the United States –  
 15 a Review." 69 POL. J. FOOD. NUTR. SCI. 219 (2020), *available at*  
<https://pmc.ncbi.nlm.nih.gov/articles/PMC6959843/>; Emily J. Endy, et al., "Added sugar  
 16 intake is associated with weight gain and risk of developing obesity over 30 years: The  
 CARDIA study." 34 NUTR. METAB. CARDIOVASC. DIS. 466 (2023), *available at*  
<https://pmc.ncbi.nlm.nih.gov/articles/PMC11253751/>.

17       <sup>6</sup> Quanhe Yang, "Added sugar intake and cardiovascular diseases mortality among US adults." 174 J. AM. MED. ASSN. INTERN. MED. 516 (2014), *available at*  
<https://pubmed.ncbi.nlm.nih.gov/24493081/>.

18       <sup>7</sup> Yan Liu, et al., "Associations between Total and Added Sugar Intake and Diabetes among  
 Chinese Adults: The Role of Body Mass Index." 15 NUTRIENTS 3274 (2023), *available at*  
<https://pmc.ncbi.nlm.nih.gov/articles/PMC10384374/>.

19       <sup>8</sup> Lisa A Te Morenga, et al., "Dietary sugars and cardiometabolic risk: systematic review and  
 meta-analyses of randomized controlled trials of the effects on blood pressure and lipids." 100  
 AM. J. CLIN. NUTR. 65 (2014), *available at* <https://pubmed.ncbi.nlm.nih.gov/24808490/>.

20       <sup>9</sup> J. Aranceta Bartrina, et al., "Association between sucrose intake and cancer: a review of the  
 evidence." 28 NUTRICIÓN HOSPITALARIA 95-105 (2013); C. Garcia-Jimenez, "A new link  
 21 between diabetes and cancer: enhanced WNT/beta-catenin signaling by high glucose." 52 J. of  
 MOLECULAR ENDOCRINOLOGY (2014); Linden, G.J., "Allcause mortality and periodontitis in  
 22 60-70-year-old men: a prospective cohort study." 39 J. CLIN. PERIODONTAL 940-46 (October  
 2012).

23       <sup>10</sup> Xiao Ma, et al., "Excessive intake of sugar: An accomplice of inflammation." 13 FRONTIERS  
 IN IMMUNOL. 988481 (2022), *available at* <https://pmc.ncbi.nlm.nih.gov/articles/PMC9471313/>.

24       <sup>11</sup> Volkow, N.D., et al., "Drug addiction: the neurobiology of behavior gone awry." 5 NATURE  
 REVIEWS NEUROSCIENCE 963 (2004); Brownell, K.D., et al., FOOD AND ADDICTION: A  
 25 COMPREHENSIVE HANDBOOK (Oxford Univ. Press 2012).

1       29.     The American Heart Association recommends restricting added sugar to 5 percent  
 2 of calories, which means about 12 grams for younger children, up to 25 grams for adult women  
 3 and 38 grams for adult men.<sup>12</sup>

4       30.     Likewise, health officials in the United Kingdom recommend “intake of free  
 5 sugars should not exceed 5% of total dietary energy for age groups from 2 years upwards.”<sup>13</sup>

6       31.     The World Health Organization recommends that no more than 10 percent of an  
 7 adult’s calories—and ideally less than 5 percent—should come from added sugar or from natural  
 8 sugars in honey, syrups, and fruit juice.<sup>14</sup>

9       32.     The Food and Drug Administration (FDA) has adopted the United States  
 10 Department of Agriculture’s daily recommended value (DRV) of 50 grams of added sugar, or  
 11 10 percent of calories based on a 2,000-calorie diet. *See* 81 Fed. Reg. 33,742, 33,820 (May 27,  
 12 2016).

13       33.     While the FDA acknowledged the AHA and WHO recommendations to keep  
 14 added sugars below 5% of calories, it set the daily recommended value at 50 grams or 10 percent  
 15 of total calories because this level was “more realistic considering current consumption of added  
 16 sugars in the United States as well as added sugars in the food supply.” *Id.* at 33,849.

17       34.     While the rule did note that “some added sugars can be included as part of a  
 18 healthy dietary pattern,” FDA also emphasized that “the DRV for added sugars should not be  
 19 viewed as a recommended amount for consumption,” and “[w]e also have scientific evidence to  
 20 support limiting calories from added sugars to less than 10 percent of calories.” *Id.* at 33,829,  
 21 33,840.

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 24       <sup>12</sup> Johnson, *supra* n. 4.

25       <sup>13</sup> “Sugar Recommendations Department of Health, England,” (Oct. 2015), *available at*  
 26 [https://ec.europa.eu/health/sites/health/files/nutrition\\_physical\\_activity/docs/ev\\_20151028\\_c007\\_en.pdf](https://ec.europa.eu/health/sites/health/files/nutrition_physical_activity/docs/ev_20151028_c007_en.pdf).

27       <sup>14</sup> *See* World Health Organization, “Sugars intake for adult and children: Guideline” (Mar. 4,  
 28 2014), *available at* [http://www.who.int/nutrition/publications/guidelines/sugars\\_intake/en](http://www.who.int/nutrition/publications/guidelines/sugars_intake/en) (based on scientific evidence, recommending adults and children reduce daily intake of free sugars to less than 10% of total energy intake and noting that “[a] further reduction to below 5% or roughly 25 grams (6 teaspoons) per day would provide additional health benefits”).

1       35. FDA's recommendation was based, in part, on the 2015 Dietary Guidelines  
 2 Advisory Committee's "food pattern analysis," which the agency stated "demonstrate[d] that  
 3 when added sugars in foods and beverages exceeds 3% to 9% of total calories ... a healthful  
 4 food pattern may be difficult to achieve."<sup>15</sup>

5       36. Breakfast cereals have long been recognized as a major contributor to added sugar  
 6 in children's diets. In 2010, for example, the National Cancer Institute reported research finding  
 7 that breakfast cereals were the fifth-highest source of added sugar in the diets of children under  
 8 the age of 8, after sugary drinks, cookies, candy, and ice cream.<sup>16</sup>

9       37. Likewise, a 2011 investigation by the public interest Environmental Working  
 10 Group identified a number of popular children's cereals as having more added sugar than various  
 11 kinds of snack cakes and cookies.<sup>17</sup>

12      **C. EnviroKidz Cereals Contain Huge Amounts of Sugar By Any Relevant Measure.**

13      38. Natures Path formulates, manufactures, distributes, and sells a line of breakfast  
 14 cereals under the brand name "EnviroKidz." As that name suggests, these cereals are aimed at  
 15 school-aged children, and feature appealing drawings of various animals such as gorillas,  
 16 chimpanzees, pandas, lemurs, and parrots. Natures Path states that it donates a portion of the  
 17 sales of these Products to various wildlife conservation causes and encourages children to  
 18 become more environmentally conscious through various activities and readings featured on the  
 19 Natures Path website and on the back panel of the Products.

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 23      <sup>15</sup> U.S. Department of Agriculture, "Scientific Report of the 2015 Dietary Guidelines Advisory  
 Committee" (February 2015), Ch. 6 p.26.

24      <sup>16</sup> Jill Reedy & Susan M. Krebs-Smith, "Dietary sources of energy, solid fats, and added sugars  
 25 among children and adolescents in the United States." 110 J. AM. DIET. ASSOC. 1477-84  
 (2010), available at <https://PMC3428130/>; M.M. Slining &  
 26 B.M. Popkin, "Trends in intakes and sources of solid fats and added sugars among U.S.  
 27 children and adolescents: 1994-2010." 8 PEDIATR. OBES. 307-24 (2010), available at  
<https://pubmed.ncbi.nlm.nih.gov/23554397/>.

28      <sup>17</sup> Paul Pestano, et al., "Sugar in Children's Cereals: Popular Brands Pack More Sugar Than  
 Snack Cakes and Cookies," Envt'l Working Grp. (2011), available at  
<https://static.ewg.org/reports/2011/cereals/pdf/2011-EWG-Cereals-Report.pdf>.

1       39.    These Products are widely distributed throughout the state of California through  
 2 the Natures Path website, online retailers such as Amazon.com, and through brick-and-mortar  
 3 retailers such as Whole Foods, Target, and Sprouts.

4       40.    A serving of each cereal is one cup. Each individual serving of these cereals  
 5 contains between 9 to 12 grams of added sugar per serving. That means that approximately one-  
 6 third of the volume of each serving of these cereals consists of added sugars.

7       41.    In each cereal, added sugar (in the form of cane sugar) is the third-most used  
 8 ingredient by volume.

9       42.    But the Nutrition Facts panel undoubtedly understates the amount of sugar the  
 10 average child or adolescent—the target consuming audience of these Products—is consuming  
 11 with each bowl of the Products. This is because it is well established that most people, but  
 12 especially children and adolescents, consume more than a single one-cup serving of cereal in  
 13 the average bowl.

14       43.    In fact, research from the Centers for Disease Control's National Health and  
 15 Nutrition Examination Survey shows that children and adolescents actually consume something  
 16 on the order of 42 to 62 grams of cereal in each bowl, which can range up to twice as much as  
 17 the stated serving size of one cup.<sup>18</sup> (The conversions of grams of cereal to a cup can vary  
 18 somewhat depending on the size shape, and density of a particular cereal.)

19       44.    According to the public interest Environmental Working Group, the actual amount  
 20 of added sugar consumed by the average child or adolescent in each bowl of cereal is on the  
 21 order of half again, to twice as much, as the stated amount per serving.<sup>19</sup> This suggests that the  
 22 actual amount of added sugar in each bowl of the Products consumed in the real world is  
 23 something like 12 to 22 grams per bowl.

25       <sup>18</sup> Ann M. Albertson, et al., "Weight indicators and nutrient intake in children and adolescents  
 26 do not vary by sugar content in ready-to-eat cereal: results from National Health and Nutrition  
 27 Examination Survey 2001-2006." SCIENCE DIRECT (Mar. 2011), *available at*  
<http://www.ncbi.nlm.nih.gov/pubmed/21481717>.

28       <sup>19</sup> Dawn Undurraga & Bill Walker, "In Kid's Cereal, Mini Servings Hide Mountains of Sugar."  
 Envt'l Working Grp, *available at* <https://www.ewg.org/foodscores/content/in-kids-cereal-mini-servings-hide-mountains-of-sugar/>.

1       45. By way of context, 38 grams is the point at which sugar becomes a liver toxin,  
2 and is the outer limit of the American Heart Association's recommendation for daily  
3 consumption of added sugars for a normal adult male. The recommended level of consumption  
4 for children is much lower: 12 grams for children 4-8 years of age, and 25 grams for children 8-  
5 18 years of age. A single bowl of these cereals thus exceeds the recommended daily  
6 consumption of added sugars for younger children based on the recommendations of the  
7 American Heart Association, and constitutes a substantial majority of the daily recommended  
8 consumption for older children.

9       46. Even as stated on the label (as opposed to "real world" bowls in the sizes children  
10 actually consume), a single serving of the Products comprises between 18 and 22 percent of the  
11 much higher recommended daily value for sugars set by the FDA—which was only set at that  
12 level because lower levels, though preferable from a health standpoint, were considered  
13 unrealistic "considering current consumption of added sugars in the United States as well as  
14 added sugars in the food supply." 81 Fed. Reg. at 33,849. Given actual consumer behavior of  
15 consuming more than a cup of cereal in a bowl, the real-world percentage is up to twice as high.

16       47. The amount of total calories, total sugar, added sugar, and percent of  
17 recommended daily value of sugar from added sugar for a one-cup serving of each flavor of the  
18 high-sugar EnviroKidz cereals is set forth in the table below. The table also includes a  
19 calculation of the likely range of actual grams of added sugar in a bowl, given the observed  
20 reality, described herein, that children and adolescents consume more than one cup of cereal at  
21 a sitting:

PRODUCT	TOTAL CALORIES	TOTAL SUGAR	ADDED SUGAR	% RDV ADDED SUGAR	ACTUAL ADDED SUGAR
Gorilla Munch	150	10 grams	10 grams	20%	15 to 20 grams
Koala Crisp	140	14 grams	11 grams	22%	15.5 to 22 grams

1	Choco Chimps	150	12 grams	10 grams	20%	15 to 20 grams
2	Rhino Rolls	160	10 grams	10 grams	20%	15 to 20 grams
3	Amazon Flakes	160	11 grams	9 grams	18%	12 to 18 grams
4	Panda Puffs	170	9 grams	9 grams	18%	12 to 18 grams
5	Cheetah Chomps	160	11 grams	9 grams	18%	12 to 18 grams
6	Leapin' Lemurs	160	11 grams	10 grams	20%	15 to 20 grams
7	Red Panda Puffs	160	11 grams	10 grams	20%	15 to 20 grams
8	Red Panda Puffs	160	11 grams	10 grams	20%	15 to 20 grams

12        **D. Natures Path Implies That the Products Are Healthy Despite Containing Huge  
13        Amounts of Added Sugar.**

14        48. To sell these Products, Natures Path employs a marketing strategy designed to  
15        give consumers—especially parents of school-aged children, the target market of these  
16        Products—the erroneous impression that they are healthy or are conducive to good health and  
17        physical activity and well-being.

18        49. Despite the Products being loaded with added sugar, Natures Path prominently  
19        makes the following claims and uses the following graphical elements on the labels to suggest  
20        that they are healthy or conducive to good health and physical well-being:

- 21        a. “Organic,” with multiple organic certifications;
- 22        b. “Gluten-Free”;
- 23        c. “Whole Grains”;
- 24        d. “No Artificial Flavors, Colors, Preservatives”;
- 25        e. “VEGAN,” in capital letters;
- 26        f. Depictions of the cereal alongside fresh fruits and juices, or in a natural setting;
- 27        g. Depictions of wheat fields in a natural, sun-lit setting.

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50. The boxes and labels of the cereals are substantially similar for each flavor and each bears the challenged claims. Representative exemplars illustrating the challenged claims are pictured below.





## RHINO ROLLS

### Nutrition Facts

About 6 servings per container  
Serving size 1 cup cereal (40g)

Calories	Per 1 cup cereal		Per 1 cup cereal with 1/2 cup skim milk	
	160	200	160	200
Total Fat	1.5g	2%	1.6g	2%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g	0%	0g	0%
Cholesterol	0mg	0%	0mg	0%
Sodium	100mg	5%	100mg	7%
Total Carb.	34g	12%	40g	15%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	10g	—	16g	—
Incl. Added Sugars	10g	20%	10g	20%
Protein	3g	7%	7g	16%
Vitamin D	0mcg	0%	15mcg	8%
Calcium	40mg	10%	290mg	25%
Iron	1mg	6%	1mg	6%
Potassium	90mg	2%	280mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### NO ARTIFICIAL COLORS OR PRESERVATIVES

#### INGREDIENTS:

Gluten free whole oat flour\*, cane sugar\*, brown rice flour\*, corn meal\*, calcium carbonate, cinnamon\*, sea salt, vanilla flavor\*, cinnamon flavor\*, caramel color\*. \*Organic.

Produced in a facility that uses tree nuts, peanuts and soy.

## CHOCO CHIMPS

### Nutrition Facts

About 7 servings per container  
Serving size 1 cup cereal (40g)

Calories	Per 1 cup cereal		Per 1 cup cereal with 1/2 cup skim milk	
	150	190	150	190
Total Fat	1g	1%	1g	1%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g	0%	0g	0%
Cholesterol	0mg	0%	0mg	0%
Sodium	120mg	5%	120mg	7%
Total Carb.	35g	13%	41g	15%
Dietary Fiber	3g	11%	3g	11%
Total Sugars	12g	—	18g	—
Incl. Added Sugars	10g	20%	10g	20%
Protein	3g	7%	7g	16%
Vitamin D	0mcg	0%	15mcg	8%
Calcium	0mg	0%	150mg	10%
Iron	1mg	6%	1mg	6%
Potassium	180mg	2%	330mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### NO ARTIFICIAL COLORS OR PRESERVATIVES

#### INGREDIENTS:

Whole grain corn meal\*, corn meal\*, cane sugar\*, Fair Trade cocoa powder\* (processed with alkali), molasses\*, chocolate flavor\*, sea salt. \*Organic. Produced in a facility that uses tree nuts, peanuts and soy.

51. The Product labels also state prominently that the Products have “No High Fructose Corn Syrup”:



22. These claims convey that the Products are healthy or are conducive to good health  
23 and physical activity and well-being, which is misleading because that representation is  
24 incompatible with the dangers of excessive sugar consumption to which the Products contribute.

25. Online marketing for the Products extends and confirms the health claims made  
26 by Natures Path regarding the Products.

1       54. A search for “Natures Path cereal” on the search engine Google brings up  
2 marketing materials that describe the Products as “healthful” and “healthy”:  
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4            Nature's Path  
5           https://naturespath.com › collections › cereal   ⋮

6           **Nature's Path: Organic Non-GMO Healthful Cereal ...**

7           Explore Nature's Path's best organic cereals, all natural and non-GMO for a healthy start. Pure,  
8           delicious, and nutritious. Shop our healthy cereals now!

9           4.6 ★ store rating (33) · \$50 to \$60 · Free delivery over \$59

10       55. Likewise, a Google search for “EnviroKidz” brings up marketing materials that  
11       describe the Products as “Fun, tasty, and always organic,” “trusted by parents,” and  
12       “wholesome”:

13            Nature's Path  
14           https://naturespath.com › pages › envirokidz   ⋮

15           **Organic Kids Cereal & More | EnviroKidz by Nature's Path ✓**

16           Fun, tasty, and always organic, our cereals and waffles are loved by kids and trusted by parents. Did we  
17           mention they're good for animals too?

18            Nature's Path  
19           https://naturespath.com › collections › envirokidz   ⋮

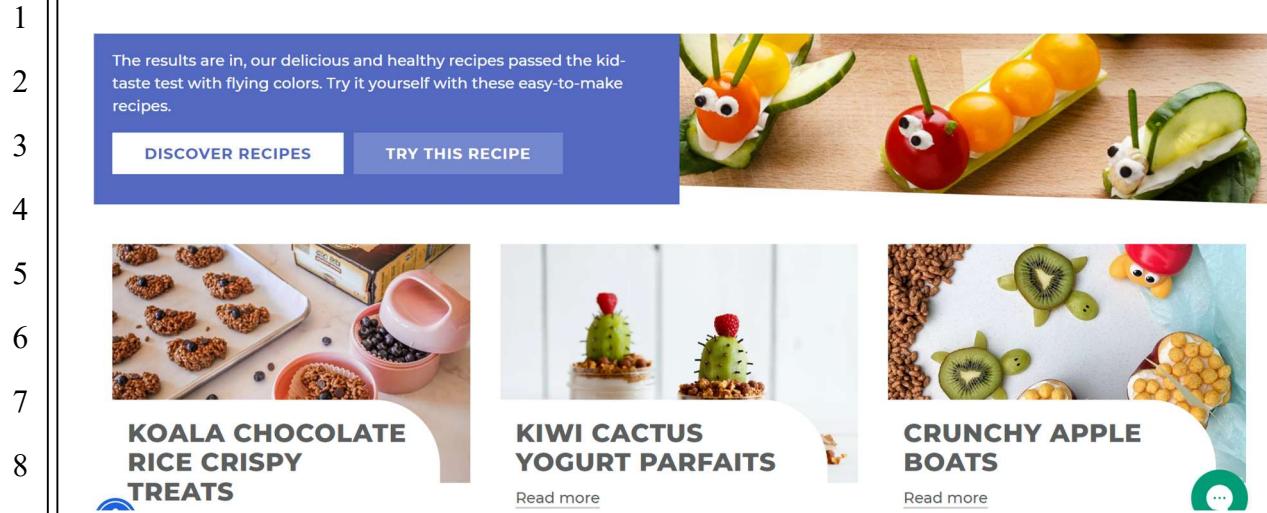
20           **Organic Kid's Cereal Selection - EnviroKidz by Nature's Path ✓**

21           Nourish Growing Appetites: Discover Wholesome Kids Cereal and Organic Baby Cereal, Perfect for Little  
22           Tummies and Developing Palates.

23           Free delivery over \$59

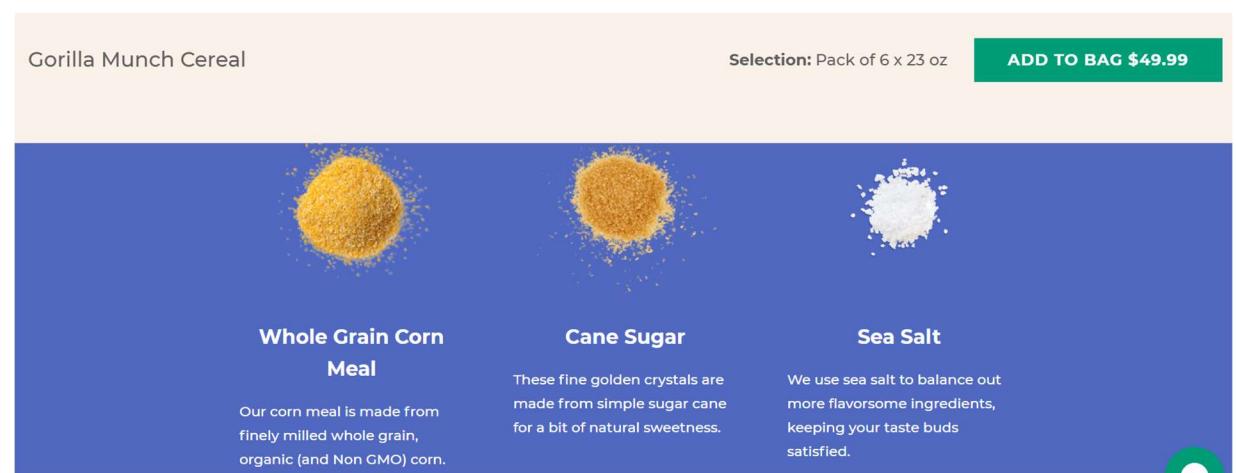
24       56. The EnviroKidz section of the Natures Path website encourages kids to “play,  
25       explore and learn about making the world a better place” and to “explore, discover new plants,  
26       [and] learn how to keep the planet clean,” suggesting that the Products are conducive to an active  
27       and healthy lifestyle, when in fact they have levels of added sugar associated with overweight  
28       and obesity. See <https://naturespath.com/pages/envirokidz-take-action>.

29       57. For parents, the same EnviroKidz website touts the Products as “[y]ummy and  
30       healthy organic foods” that “give Envirokids the fuel to dream big and make a difference.” It  
31       also includes a section of “delicious and healthy recipes” employing the Products—usually, in  
32       conjunction with raw fruits and vegetables and other healthy foods:



See <https://naturespath.com/pages/envirokidz-grown-ups>.

58. The individual Product webpages each tout the cereals as “gluten-free, non-GMO, and made without artificial ingredients” and “wholesome, hearty breakfast and fun lunchbox snack,” and refer to the added cane sugar in each cereal as a “bit of natural sweetness,” deliberately underplaying the substantial amount of added sugar in each serving:



23 See [https://naturespath.com/collections/cereal/products/gorilla-munch-cold-cereal-ek-us\\_pos=1&fid=61484937c&ss=c&variant=46176115949738](https://naturespath.com/collections/cereal/products/gorilla-munch-cold-cereal-ek-us_pos=1&fid=61484937c&ss=c&variant=46176115949738).

25 59. The Target.com website where both Plaintiffs made their purchases contains  
26 similar claims regarding the Products, which on information and belief are provided by the  
27 Defendant. For example, Target.com states that the Products do not “compromise nutrition and  
28 taste” and repeats the claims that the Products are “certified organic with no artificial flavors,

1 colors or preservatives.” *See, e.g.*, <https://www.target.com/p/nature-s-path-envirokidz-choco-chimps-breakfast-cereal-10oz/-/A-17016222#lnk=sametab>.

2 60. The same website also claims that Defendant “say[s] no to chemicals that harm  
3 our children, animals and planet,” while failing to disclose that the Products contain substantial  
4 and potentially harmful amounts of added sugar. *See, e.g., id.*

5 61. All of these claims convey that the EnviroKidz cereals are healthy or are  
6 conducive to good health and physical activity and well-being, which is misleading and  
7 deceptive because that message is incompatible with the dangers of excessive sugar  
8 consumption to which they contribute.

9 62. The claims regarding the lack of high-fructose corn syrup are especially deceptive  
10 and misleading because the Products’ sugar content is high, not low. Natures Path has  
11 capitalized on consumer aversion toward high-fructose corn syrup by touting the absence of that  
12 ingredient, deceptively suggesting that the Products are healthier because HFCS is absent. This  
13 strategy leverages consumer confusion over the relative dangers of different forms of added  
14 sugar, inasmuch as many consumers believe that HFCS is a substantially more dangerous form  
15 of added sugar than other forms.

16 63. In reality, added sugar in virtually any form contains substantial amounts of  
17 fructose and glucose, and thus has essentially the same detrimental health effects. Thus, even if  
18 literally true, Natures Path’s statements regarding the lack of high-fructose corn syrup in the  
19 Products are highly misleading because they imply that the Products are healthy and conducive  
20 to physical activity and good health when they are not.

21 64. Moreover, there are simple remedies available to Defendant to dispel the  
22 consumer confusion that its labelling and marketing statements create: disclosing total sugars  
23 on the front label. Many competing breakfast cereals do so. As one example, Cinnamon Toast  
24 Crunch, a directly competing children’s breakfast cereal, discloses on the front label that it  
25 contains an amount of total sugars per one-cup serving (9 grams) that is roughly similar to that  
26 found in the Products:

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11       65. In total, the combination of text, graphical elements, and pictures on the Products'  
12 packaging and marketing materials is designed to give reasonable consumers the overall  
13 impression that the Products are healthy and conducive to physical activity and good health  
14 when they are not.

15       66. This finding is consistent with academic literature that concludes that consumers  
16 tend to "satisfice" when reviewing food labels, rather than scrutinizing them carefully. That is,  
17 pressed for time and confronted by numerous options, they tend to review disclosures on labels  
18 quickly to assimilate pertinent information and make a "good-enough" decision, rather than  
19 analyzing specific details or any claim or attribute in depth. *See Lauren E.*  
20 *Willis, Decisionmaking and the Limits of Disclosure: The Problem of Predatory Lending: Price,*  
21 65 MD. L. REV. 707, 742, 767-69 (2006).

22       67. Consumers are even more likely to take these shortcuts for low-dollar purchases—  
23 such as the Products—where consumers perceive the stakes to be low. Decision-making about  
24 such products "involves a simpler process of choice where heuristics are more easily applied."  
25 Tilde Heding, *et al.*, BRAND MANAGEMENT: RESEARCH, THEORY AND PRACTICE 93 (2d ed.  
26 2016).

27       68. In designing labels, marketers understand consumers' tendency to "satisfice" and  
28 respond accordingly. Given the number of products in an average supermarket (about 50,000),

1 marketers are aware that they have “about one-tenth of a second to make an impression on the  
2 shopper.” Allan J. Kimmel, PSYCHOLOGICAL FOUNDATIONS OF MARKETING 90-91 (2d ed. 2018).

3 69. Here, Defendant painstakingly and intentionally designed its Products’ labels to  
4 deceive consumers into believing that the Products are healthy or are conducive to good health  
5 and physical activity and well-being.

6 70. The Products are sold for similar prices and make similar misrepresentations  
7 regardless of flavor. Plaintiffs are therefore an adequate representative of a putative class despite  
8 not having purchased every flavor of the Products.

9 **E. Plaintiffs Relied On Defendant’s Labeling and Marketing Statements**

10 71. Consumers have been conditioned to rely on the accuracy of the claims made on  
11 food products’ labels, as these are a central means by which manufacturers convey information  
12 to consumers.

13 72. Consumers including Plaintiffs especially rely on label and marketing claims  
14 made by food product manufacturers such as Defendant, as they cannot confirm or disprove  
15 those claims simply by viewing or even consuming the Products.

16 73. Plaintiffs reviewed the label on the Products and the other statements regarding  
17 the characteristics of the Products that are described herein. Consumers such as Plaintiffs who  
18 viewed the Products’ labels and associated marketing statements reasonably understood the  
19 statements to mean that the Products are healthy or conducive to good health and physical well-  
20 being. These statements are false and/or misleading, as the Products contain sugar in amounts  
21 per serving that far exceed an amount that is healthy or conducive to good health or physical  
22 activity and well-being.

23 74. Consumers including Plaintiffs reasonably relied on these statements described  
24 herein such that they would not have purchased the Products from Defendant if the truth about  
25 the Products was known, or would have only been willing to pay a substantially reduced price  
26 for the Products had they known that Defendant’s representations were false and misleading.

75. In the alternative, because of its deceptive and false labelling statements, Defendant was enabled to charge a premium for the Products relative to key competitors' products, or relative to the average price charged in the marketplace.

76. That information was material to reasonable consumers, especially the class of consumers who are the target market of the Products. The absence of this information also allowed Defendant to charge a price premium to consumers including Plaintiffs.

77. Instead of receiving products that had actual healthful qualities, the Products that Plaintiffs and the Class received were not healthy. Instead, consumption of these Products causes increased risk of obesity, diabetes, hypertension, cancer, and other morbidities, as set forth herein.

78. Plaintiffs suffered economic injury by Defendant's fraudulent and deceptive conduct as stated herein, and there is a causal nexus between Defendant's deceptive conduct and Plaintiffs' injury.

## CLASS ACTION ALLEGATIONS

79. Plaintiffs bring this action individually and as representatives of all those similarly situated pursuant to Federal Rule of Civil Procedure 23 on behalf of all consumers in the state of California who purchased the Products within four years prior to the filing of this Complaint.

80. Excluded from the Class are Defendant and its affiliates, parents, subsidiaries, employees, officers, agents, and directors. Also excluded are any judicial officers presiding over this matter and the members of their immediate families and judicial staff.

81. Plaintiffs reserve the right to alter the Class definition, and to amend this Complaint to add additional Subclasses, as necessary to the full extent permitted by applicable law.

82. Certification of Plaintiffs' claims for class-wide treatment is appropriate because Plaintiffs can prove the elements of the claims on a class-wide basis using the same evidence as individual Class members would use to prove those elements in individual actions alleging the same claims.

83. **Numerosity – Rule 23(a)(1):** The size of the Class is so large that joinder of all Class members is impracticable. Plaintiffs believe and aver there are thousands of Class members geographically dispersed throughout the state of California.

**84. Existence and Predominance of Common Questions of Law and Fact – Rule 23(a)(2), (b)(3):** There are questions of law and fact common to the Class. These questions predominate over any questions that affect only individual Class members. Common legal and factual questions and issues include but are not limited to:

- a. Whether the marketing, advertising, packaging, labeling, and other promotional materials for Defendant's Products is misleading and deceptive;
- b. Whether a reasonable consumer would understand Defendant's statements as described herein to indicate that the Products are healthy and conducive to health and physical activity and well-being, and reasonably relied upon those representations;
- c. Whether Defendant was unjustly enriched at the expense of the Plaintiff and Class members;
- d. Whether Defendant breached an express warranty;
- e. the proper amount of damages;
- f. the proper scope of injunctive relief; and
- g. the proper amount of attorneys' fees.

85. Defendant engaged in a common course of conduct in contravention of the laws Plaintiffs seek to enforce individually and on behalf of the Class. Similar or identical violations of law, business practices, and injuries are involved. Individual questions, if any, pale by comparison, in both quality and quantity, to the numerous common questions that predominate this action. The common questions will yield common answers that will substantially advance the resolution of the case.

86. In short, these common questions of fact and law predominate over questions that affect only individual Class members.

1       87.     **Typicality – Rule 23(a)(3):** Plaintiffs’ claims are typical of the claims of the Class  
2 members because they are based on the same underlying facts, events, and circumstances  
3 relating to Defendant’s conduct.

4       88.     Specifically, all Class members, including Plaintiffs, were harmed in the same  
5 way due to Defendant’s uniform misconduct described herein; all Class members suffered  
6 similar economic injury due to Defendant’s misrepresentations; and Plaintiffs seeks the same  
7 relief as the Class members.

8       89.     There are no defenses available to Defendant that are unique to the named  
9 Plaintiffs.

10       90.     **Adequacy of Representation – Rule 23(a)(4):** Plaintiffs are fair and adequate  
11 representatives of the Class because Plaintiffs’ interests do not conflict with the Class members’  
12 interests. Plaintiffs will prosecute this action vigorously and are highly motivated to seek redress  
13 against Defendant.

14       91.     Furthermore, Plaintiffs have selected competent counsel who are experienced in  
15 class action and other complex litigation. Plaintiffs and Plaintiffs’ counsel are committed to  
16 prosecuting this action vigorously on behalf of the Class and have the resources to do so.

17       92.     **Superiority – Rule 23(b)(3):** The class action mechanism is superior to other  
18 available means for the fair and efficient adjudication of this controversy for at least the  
19 following reasons:

20       a. the damages individual Class members suffered are small compared to the burden  
21 and expense of individual prosecution of the complex and extensive litigation  
22 needed to address Defendant’s conduct such that it would be virtually impossible  
23 for the Class members individually to redress the wrongs done to them. In fact,  
24 they would have little incentive to do so given the amount of damage each member  
25 has suffered when weighed against the costs and burdens of litigation;

- b. the class procedure presents fewer management difficulties than individual litigation and provides the benefits of single adjudication, economies of scale, and supervision by a single Court;
- c. the prosecution of separate actions by individual Class members would create a risk of inconsistent or varying adjudications, which would establish incompatible standards of conduct for Defendant; and
- d. the prosecution of separate actions by individual Class members would create a risk of adjudications with respect to them that would be dispositive of the interests of other Class members or would substantively impair or impede their ability to protect their interests.

93. Unless the Class is certified, Defendant will retain monies received as a result of its unlawful and deceptive conduct alleged herein.

94. Unless a class-wide injunction is issued, Defendant will likely continue to advertise, market, promote, and sell its Products in an unlawful and misleading manner, as described throughout this Complaint, and members of the Class will continue to be misled, harmed, and denied their rights under the law. Defendant continues to mislabel the Products in the manner described herein and sell them to the consuming public. Plaintiffs would like to purchase the Products and other products sold by Defendant in the future, but cannot currently do so because they cannot rely on the Products' labelling, given the deceptions regarding the healthfulness of the Products that are found there. An injunction prohibiting future deceptive labelling is therefore warranted and would provide Plaintiffs and the Class relief.

95. Furthermore, Plaintiffs have not merely alleged an “informational” injury, but have also alleged that Defendant has been enabled to charge a price premium for the Products. Plaintiffs have therefore alleged that accurate, non-deceptive labeling the Products would cause a decrease in the price of the Products at which Plaintiffs and members of the Class would be willing to buy the Products. As a result, Plaintiffs have alleged more than simply an interest in

Defendant telling the truth on its labels, but an economic injury that further supports prospective injunctive relief.

96. **Ascertainability.** To the extent ascertainability is required, the Class members are readily ascertainable from Defendant's records and/or its agents' records of retail and online sales, as well as through public notice.

97. Defendant has acted on grounds applicable to the Class as a whole, thereby making appropriate final injunctive and declaratory relief concerning the Class as a whole.

**COUNT 1**  
**VIOLATION OF THE CONSUMER LEGAL REMEDIES ACT,**  
**CAL. CIV. CODE § 1750 *et seq.***

98. Plaintiffs reallege the preceding paragraphs as if fully set forth herein and, to the extent necessary, plead this cause of action in the alternative.

99. Plaintiffs are each a “consumer” within the meaning of the Consumer Legal Remedies Act (“CLRA”), Cal. Civ. Code § 1761(d).

100. The sale of Defendant's Products to Plaintiffs and Class members was a "transaction" within the meaning of the CLRA, Cal. Civ. Code § 1761(e).

101. The Products purchased by Plaintiffs and Class members are “goods” within the meaning of the CLRA, Cal. Civ. Code § 1761(a).

102. As alleged herein, Defendant's business practices are a violation of the CLRA because Defendant deceptively failed to reveal facts that are material to representations that were made by Defendant on the Products and on its website.

103. Defendant's ongoing failure to provide material facts about its Products on its labels violates the following subsections of Cal. Civ. Code § 1770(a) in these respects:

- a. Defendant's acts and practices constitute misrepresentations that its Products have characteristics, benefits, or uses which they do not have;
- b. Defendant misrepresented that its Products are of a particular standard, quality, and/or grade, when they are of another;

- 1 c. Defendant's acts and practices constitute the advertisement of goods, without the
- 2 intent to sell them as advertised;
- 3 d. Defendant's acts and practices fail to represent that transactions involving its
- 4 Products involve actions that are prohibited by law, particularly the use of
- 5 misleading nutritional labelling; and
- 6 e. Defendant's acts and practices constitute representations that its Products have
- 7 been supplied in accordance with previous representations when they were not.

8 104. By reason of the foregoing, Plaintiffs and the Class have been irreparably harmed,  
9 entitling them to injunctive relief.

10 105. Concurrent with the filing of this Complaint, Plaintiffs will give notice pursuant  
11 to Cal. Civ. Code § 1782 of the particular violations of the CLRA described herein and demand  
12 that Defendant rectify the actions described above by providing complete monetary relief,  
13 agreeing to be bound by its legal obligations and to give notice to all affected customers of its  
14 intent to do so.

15 106. Pursuant to Cal. Civ. Code §§ 1770 and 1780, Plaintiffs are entitled to enjoin  
16 publication of misleading and deceptive nutritional labels on Defendant's Products and to  
17 recover reasonable attorneys' fees and costs.

18  
19 **COUNT 2**  
**UNJUST ENRICHMENT**

20 107. Plaintiffs reallege the preceding paragraphs as if fully set forth herein and, to the  
21 extent necessary, plead this cause of action in the alternative in the event that Plaintiffs have an  
22 inadequate remedy at law.

23 108. Under California law, a claim for unjust enrichment "describe[s] the theory  
24 underlying a claim that a defendant has been unjustly conferred a benefit 'through mistake,  
25 fraud, coercion, or request.'" *Astiana v. Hain Celestial Grp., Inc.* 783 F.3d 753, 762 (9th Cir.  
26 2015) (quoting 55 Cal. Jur. 3d Restitution § 2). Thus, when a plaintiff alleges unjust enrichment,  
27 the Court should "construe the cause of action as a quasi-contract claim seeking restitution."  
28 *Rutherford Holdings, LLC v. Plaza Del Rey*, 223 Cal.App.4th 221, 225 (2014). Courts in

1 California have allowed unjust enrichment and CLRA claims to proceed in the alternative. *See,*  
2 *e.g., Scheibe v. Livwell Prods., LLC*, No. 23-cv-216, 2023 WL 4414580, at \*8 (S.D. Cal. 2023).

3 109. Defendant, through its marketing and labeling of the Products, misrepresented and  
4 deceived consumers by misrepresenting that the Products are healthy and conducive to health  
5 and physical well-being, despite containing between 9 and 12 grams of added sugar per serving,  
6 and much larger amounts in the actual bowls of cereal eaten by consumers.

7 110. Defendant did so for the purpose of enriching itself and it in fact enriched itself  
8 by doing so.

9 111. Consumers conferred a benefit on Defendant by purchasing the Products,  
10 including an effective premium above their true value. Defendant appreciated, accepted, and  
11 retained the benefit to the detriment of consumers.

12 112. Defendant continues to possess monies paid by consumers to which Defendant is  
13 not entitled.

14 113. Under the circumstances it would be inequitable for Defendant to retain the benefit  
15 conferred upon it and Defendant's retention of the benefit violates fundamental principles of  
16 justice, equity, and good conscience.

17 114. Plaintiffs seek disgorgement of Defendant's ill-gotten gains and restitution of  
18 Defendant's wrongful profits, revenue, and benefits, to the extent, and in the amount, deemed  
19 appropriate by the Court, and such other relief as the Court deems just and proper to remedy  
20 Defendant's unjust enrichment.

21 115. Plaintiffs have standing to pursue this claim as Plaintiffs have suffered injury in  
22 fact as a result of Defendant's actions as set forth above.

23  
24 **COUNT 3**  
25 **BREACH OF IMPLIED WARRANTY OF MERCHANTABILITY**  
26 **CAL. CIV. CODE § 2314 *et seq.***

27 116. Plaintiffs reallege the preceding paragraphs as if fully set forth herein and, to the  
28 extent necessary, plead this cause of action in the alternative.

117. Defendant, as the designer, manufacturer, marketer, distributor, and/or seller of the Products, through the acts set forth herein, made representations to Plaintiffs and the Class regarding the health and nutrition properties of the Products.

118. Defendant is a merchant with respect to the goods of this kind which were sold to Plaintiffs and the Class, and there was, in the sale to Plaintiffs and other consumers, an implied warranty that those goods were merchantable.

119. The Products do not conform to the implied warranty that the Products are healthy and conducive to health and physical well-being, because they contain between 9 and 12 grams of added sugar per serving (and much larger amounts in the actual bowls of cereal eaten by consumers) and increase the risk of obesity, diabetes, cardiovascular disease, and other morbidities as described herein.

120. As a direct and proximate cause of Defendant's breach of implied warranty, Plaintiffs and Class members have been injured and harmed because: (a) they would not have purchased the Products on the same terms if they knew instead of being healthy and conducive to health and physical well-being, the Products contain between 9 and 12 grams of added sugar per serving; (b) they paid a price premium based on Defendant's implied warranties; and (c) the Products do not conform to the promises or affirmations of fact made on the container or label.

## PRAYER FOR RELIEF

WHEREFORE, Plaintiffs respectfully request the Court grant the following relief against Defendant:

- a. Certifying the Class;
- b. Declaring that Defendant violated the CLRA and/or was unjustly enriched and/or breached an express warranty;
- c. Ordering an awarding of injunctive relief as permitted by law, including enjoining Defendant from continuing the unlawful practices as set forth herein, and ordering Defendant to engage in a corrective advertising campaign;

- d. Ordering Defendant to pay reasonable attorneys' fees and litigation costs to Plaintiffs; and
- e. Such other relief as the Court may deem just and proper.

TRIAL BY JURY IS DEMANDED ON ANY COUNTS SO TRIABLE.

Respectfully submitted,

/s/ Charles C. Weller  
Charles C. Weller (Cal. SBN: 207034)  
Attorney for Plaintiff

February 27, 2025